TAE KWON DO FOR KIDS



Ages 5 - 11

With Scalise Tae Kwon Do

Beginning Tuesday, Nov. 1

six - week session 4 - 4: 45 p.m.

J.C.C. gymnasium

Scalise Tae Kwon Do, in a partnership with the J.C.C., is pleased to offer a six-week, introductory course for children. The course will be a carefully planned program of exercise, visualization and instruction that is ideal for a child's development. The intention is to make children feel good about themselves, and be in physical and mental control. Children are taught at their own pace and are never pressured to perform beyond their capabilities.

*The sixth class will be held at Scalise Tae Kwon Do.

Price:

Members: \$50

Nonmembers: \$60

*Payment is due upon registration

**Participants who already own a uniform will receive a

\$15 discount



Call Lindsay at the J.C.C. for more information, (315) 733-2343